



# HOW TO DOWNLOAD AND UPLOAD FILES AND FOLDERS

## FROM ONEDRIVE / TEAMS

You should sign into your OneDrive desktop application to download your OneDrive data. Click on this link to download the OneDrive application to your computer.

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> After Installing, open OneDrive to Sign in.



#### > Sign in with LUMS email credentials.



# > When you log into your OneDrive, your data will be syncing with blue cloud sign

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Attachments	٥
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 Select all these files and select "Always Keep on this device" by choosing this option your one drive ata will be physically download on your local drive.





Your files are synced. Now you can copy data and paste it to your desired local /external drive.



## How to Upload data:

You can upload files and folders to OneDrive Online to your computer with just a few clicks. Here's how:

You can store over 300 types of files on OneDrive. Sign-in to OneDrive with Microsoft Edge/Google Chrome by visiting **this link** or you can use OneDrive desktop app to upload data.

- 1. Select Upload > Files or Upload > Folder.
- 2. Select the files or folder you want to upload.
- 3. Select Open or Select Folder.



### Note:

MS Teams also saves its data on OneDrive, so visit the link Files Storage in MS Teams for more information.



