



LUMS

Information Systems
Technology



OPTIMIZE MOBILE DATA USAGE IN MICROSOFT TEAMS



To reduce the amount of data used in video calls and meetings on your mobile device, you can change a setting in the Teams mobile app to limit the amount of data used on your device.

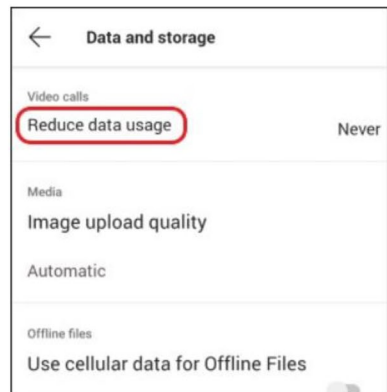
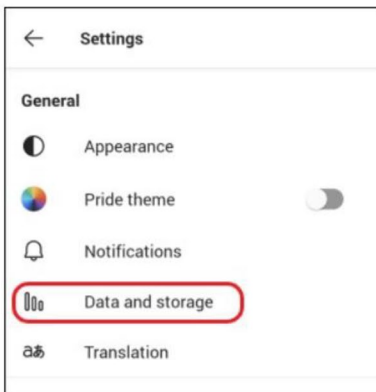
FOR DETAILS AND ASSISTANCE PLEASE WRITE US AT:

helpdesk@lums.edu.pk

Teams will still provide quality viewing experience while balancing the number of participants, bandwidth conditions, and other factors.

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1. Tap your profile picture and then select **Settings** ⚙️
2. Select **Data and storage** and then **Reduce data usage**.



3. Select one of the following options:
Never, **On cellular networks**, or **Always**.

To reduce data usage in video calls and meetings, choose **on cellular networks** (for when you're using cellular data) or **Always** (for both cellular and Wi-Fi connections).

